

**Special K Challenge**  
 www.specialk.com  
 Visit today and customize your own meal plan!

\*Consult your physician before starting any diet or exercise program. Average weight loss/percentage reduction made with 3 cereal meals in 12 weeks. Weight loss may vary.

Drop a Lean Size in 2 weeks!



**Kellogg's Special K Cereals**  
 Selected

11.4-19.5 oz **\$2.49**

**Kellogg's Special K**  
 Selected

8 oz Crackers or 4 oz Cracker Chips **\$2.49**



**Shurfine Tomato Sauce**  
 8 oz  
**5/\$2**



**Campbell's Chunky Soup**  
 Selected 18.5-19 oz  
**2/\$3**

**Wine - Spirits**

**Barefoot Chardonnay Wine**  
 750 mL Btl  
**\$7.99**

**José Quervo Classic Lime Margarita Mix**  
 1.75 Liter Btl  
**\$16.49**

**Jack Daniels Whiskey**  
 750 mL Btl  
**\$27.99**

**Pacific Rim Organic Riesling Wine**  
 750 mL Btl  
**\$14.99**

**DRAGONFLY MARKET**  
 NATURAL & ORGANIC PRODUCTS

**Tazo All Natural Tea**  
 13.8 oz  
**\$1.49**

**Glutino Breakfast Bars**  
 Gluten Free 7.1 oz  
**\$5.99**

**Woodstock Organic Green Peas**  
 10 oz  
**\$2.49**

**Alexia Potato Bites**  
 All Natural 7.7 oz  
**\$4.49**



**Shurfine Spaghetti or Elbow Macaroni**  
 32 oz  
**\$1.99**

**Ro\*Tel Tomatoes**  
 Selected 10 oz  
**4/\$5**

**Hunt's Tomatoes**  
 Selected 14.5 oz  
**4/\$5**

**Gatorade**  
 Selected 32 oz Btl  
**4/\$5**

**Pasta-Roni or Rice-A-Roni**  
 Selected 4.2-7.2 oz  
**4/\$5**

**Quaker Selected Granola Bites or Chewy Granola Bars**  
 4.2-6.7 oz  
**2/\$5**

**Quaker Cereal**  
 Selected 11.5-16 oz  
**2/\$5**

**Shurfresh Apple Fritters**  
 Glazed 6 ct  
**\$3.49**

**Keebler Zesta Saltine Crackers**  
 Selected 16 oz  
**\$1.99**

**Old Orchard 100% Juice**  
 Selected 64 oz  
**\$2.19**

**New French Bakery Ciabatta Rolls**  
 12 oz  
**\$2.29**

**Doritos Tortilla Chips**  
 Selected Pre-Priced: \$4.29 11-11.5 oz  
**2/\$6**

Frozen Favorites

**Old Orchard 100% Juice or Juice Blends**  
 Selected Concentrated 12 oz  
**4/\$5**

**T.G.I. Friday's Appetizers**  
 Selected 7.5-11 oz  
**\$3.49**

**New York Brand**  
 Selected Garlic Bread, Bread Sticks, Toast or Knots 7.3-16 oz  
**\$2.29**

**Shurfine or Sun Vale Fruit**  
 Selected 12-16 oz  
**2/\$4**

Your Health • Your Home • Your Life

**Puffs Facial Tissue**  
 Selected 66-200 ct  
**\$1.99**

**Charmin Basic Bath Tissue**  
 Double Roll 12 ct  
**\$6.49**

**Nice'n Fluffy Fabric Softener**  
 66.75 oz Liquid or 100 ct Sheets **\$2.99**

**Xtra Laundry Detergent**  
 Selected 56-75 oz Liquid **\$2.99**

**Suave**  
 Selected 15 oz Shampoo or Conditioner or 14 oz Anti-Perспиrant/Deodorant **99¢**

Dairy Delights

**Yoplait Yogurt**  
 Selected 4-6 oz  
**10/\$6**

**Sunny D Citrus Beverage**  
 Selected 126 oz or 6 ct 11.3 oz  
**\$2.99**

**I Can't Believe It's Not Butter, Shedd's Spread, Promise or Brummel & Brown**  
 Selected 8-16 oz or 2 ct 7.5 oz **\$2.49**

**Daisy Brand Sour Cream**  
 Selected 16 oz **\$2.29**

**Kraft Philadelphia Cream Cheese**  
 Selected Soft 8 oz **\$2.39**